

BHR08WBGL

Xiaomi Smart Band 10 Pro 1.74" AMOLED - Glacier Silver

Product Overview

Xiaomi Smart Band 10 Pro 1.74" AMOLED - Glacier Silver, 1.74" 480x336 pixels Resolution, 2000 nits Peak brightness, 60Hz Refresh Rate, Bluetooth 5.4 connectivity, Up to 21 days Battery Life, 350mAh Battery capacity, 5ATM Water resistance rating, 150+ Sports modes, Health monitoring, Optical Heart Rate Sensor, Optical SpO2 Sensor, Professional sleep monitoring, Accelerometer, Gyroscope, Ambient Light Sensor, Geomagnetic Sensor, High-strength Aluminium Alloy middle Frame, TPU strap material, 13.5 - 20.5 cm adjustable strap length





Specifications

Overview Summary:

The Xiaomi Smart Band 10 Pro combines premium design with advanced fitness and health tracking for users who want reliable performance every day. Its bright 1.74-inch AMOLED display, long-lasting battery life, and 150+ sports modes make it ideal for training, wellness monitoring, and staying connected throughout your day. Buy now and enjoy a smart wearable built for active South African lifestyles.

Designed with a durable aluminium alloy frame and 5ATM water resistance, the Xiaomi Smart Band 10 Pro is ready for workouts, swimming sessions, and everyday wear. Monitor heart rate, blood oxygen, sleep quality, and stress levels with accurate sensors while enjoying seamless Bluetooth 5.4 connectivity. Shop now for a smart fitness companion that delivers style, comfort, and dependable performance.

Performance tier:Premium fitness smart band

Uses:Fitness tracking, heart rate monitoring, sleep tracking, swimming, running, cycling, wellness monitoring, daily activity tracking, sports training

Overview:

The Xiaomi Smart Band 10 Pro in Glacier Silver positions itself as a capable daily wearable that balances fitness tracking, health insights, and long battery endurance in a compact form. With its 1.74 inch AMOLED display, high brightness output, and streamlined aluminium frame, it is designed to remain readable and responsive across a wide range of environments. Whether used for structured workouts or passive daily monitoring, the device integrates smoothly into routine use without demanding constant attention.

Its extended battery life and broad sports tracking support make it suitable for users who prefer consistency without frequent charging interruptions. The inclusion of advanced sensors and improved Bluetooth connectivity ensures stable performance while maintaining a lightweight and comfortable profile. Identified by part number BHR08WBGL, this model targets users who expect both durability and accurate data from a modern fitness band.

Description:

The Xiaomi Smart Band 10 Pro combines a large, high-visibility AMOLED display with advanced health monitoring and multi-sport tracking capabilities. It delivers continuous heart rate tracking, blood oxygen measurement, sleep analysis, and stress monitoring, alongside support for over 150 activity modes including swimming with underwater heart rate detection. Built

with a durable aluminium alloy frame and rated for 5ATM water resistance, it is engineered for everyday wear across varied conditions. With up to 21 days of battery life and efficient Bluetooth 5.4 connectivity, it provides a reliable, low-maintenance solution for users focused on fitness, wellness, and convenience.

Features:

Display and Visual Experience

The 1.74 inch AMOLED panel is a central strength, offering sharp resolution at 480 x 336 pixels and a peak brightness of 2000 nits. This ensures visibility even under direct sunlight, reducing the need to shield the screen when outdoors. The 60Hz refresh rate contributes to smoother navigation, while the narrow bezels maximise usable display area without increasing device size.

Always-on display support allows key information such as time and health metrics to remain visible without interaction, improving accessibility throughout the day.

Fitness Tracking Across Multiple Activities

With support for more than 150 sports modes, the Smart Band 10 Pro adapts to a wide range of physical activities. It caters to both standard workouts and more specialised routines, including aquatic training where underwater heart rate tracking adds an extra layer of data accuracy.

Key tracking capabilities include:

- Multi-sport activity tracking covering indoor and outdoor exercises
- Underwater heart rate monitoring for swimming sessions
- Real-time performance metrics to assist with progress evaluation

This level of coverage enables consistent monitoring regardless of activity type.

Health Monitoring and Daily Insights

The device integrates several health-focused sensors to provide continuous monitoring throughout the day and night. These measurements help users maintain awareness of their physical condition without requiring separate devices.

Core health functions include:

- Continuous heart rate monitoring via optical sensor
- Blood oxygen tracking using optical SpO2 measurement
- Sleep analysis with detailed pattern tracking
- Stress level monitoring for daily balance assessment

Combined, these tools provide a structured view of overall wellness rather than isolated data points.

Build Quality and Everyday Durability

The aluminium alloy middle frame enhances structural strength while keeping the band lightweight. At just over 21 grams without the strap, it remains unobtrusive during extended wear. The TPU strap is adjustable between 13.5 cm and 20.5 cm, accommodating a wide range of wrist sizes.

The 5ATM water resistance rating allows use during swimming, showers, and exposure to rain, reducing the need to remove the device in typical daily scenarios.

Battery Performance and Connectivity

Battery efficiency is a key advantage, with up to 21 days of usage under typical conditions. Even with more demanding settings such as always-on display, the device can operate for approximately one week before requiring a recharge.

Connectivity is handled via Bluetooth 5.4, offering improved stability and power efficiency compared to earlier versions. This supports consistent syncing with paired devices while minimising battery drain.

Key Technical Details

Important specifications are summarised below for clarity:

- Display: 1.74 inch AMOLED, 480 x 336 resolution, 2000 nits brightness, 60Hz refresh rate
- Battery: 350mAh capacity, up to 21 days usage
- Connectivity: Bluetooth 5.4
- Water resistance: 5ATM
- Sensors: Accelerometer, gyroscope, ambient light sensor, geomagnetic sensor
- Health tracking: Heart rate, SpO2, sleep, stress
- Build: Aluminium alloy frame with TPU strap
- Weight: 21.5 g excluding strap
- Dimensions: 4.6 x 3.3 x 1.0 cm

In the Box

- Xiaomi Smart Band 10 Pro Glacier Silver unit
- Charging cable
- User manual

Specifications:

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Specifications	
Product Code	BHR08WBGL
Display Type	AMOLED
Display Size	1.74"
Resolution	480 x 336 pixels
Peak Brightness	2000 nits
Refresh Rate	60Hz
Always-On Display	Supported (colour AOD)
Connectivity	Bluetooth 5.4
Battery Life	Up to 21 days
Battery Capacity	350mAh
Water Resistance Rating	5ATM
Sports Modes	150+ sports modes
Health Monitoring	Heart rate, blood oxygen, sleep, and stress monitoring
Heart Rate Sensor	Optical heart rate sensor
Blood Oxygen Sensor	Optical SpO2 sensor
Sleep Monitoring	Professional sleep monitoring
Underwater Heart Rate Detection	Supported
Sensors	Accelerometer, gyroscope, ambient light sensor, geomagnetic sensor
Frame Material	High-strength aluminium alloy middle frame

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Product Specification Sheet

Design	Slim and lightweight design
Screen-to-Body Ratio	77%
Bezel Design	2.2 mm ultra-narrow equal bezels on all four sides
Strap Material	TPU
Adjustable Strap Length	13.5 - 20.5 cm
Weight	21.5 g (excluding strap)
Dimensions	4.6 x 3.3 x 1.0 cm

Product Information Online

For the latest product information, availability and purchasing details, please visit the product page:

Product page: <https://www.comx.co.za/BHR08WBGL-Xiaomi-Smart-Band-10-Pro-1-74-AMOLED-Glacier-Buy-p-337405.php>

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